



LLANGASTY

RETREAT HOUSE

Prayer and Embroidery 6 to 13 August 2018 'Journeying with Icons'



Led by Janet Knox and Sue Ives

The icons that we are familiar with from the Eastern Orthodox church are carefully controlled in their context, but we have the freedom to look and to wonder – and do our own thing. Have a look at one that attracts you and pick something from it for you to enjoy. Whether it's a border pattern, the colour of a robe, a halo or an interesting face, you can immerse yourself in the very use that icons are created for – to make a personal pathway in prayer.

What can I expect from a CARM retreat?

You can expect a warm welcome, space to reflect, to pray and to worship, as well as plenty of time to be creative.

Bring your sewing machine if you wish and Janet will bring her box of sewing goodies. Llangasty is a wonderful place to join with old friends and to make new ones. Lose yourself in the views, visit Brecon and share the laughter, the stitching and the quiet chapel – all that goes to make Prayer and Embroidery so special.

A general requirements list will be sent out nearer the dates.

Janet is a longstanding textile leader for CARM, enjoying the creativity and the camaraderie of the retreats. She is an ecclesiastical embroiderer and an enthusiastic hand and machine stitcher welcoming all levels of expertise.

Sue is a Licensed Minister and also a Design Technology teacher. She is a recent convert to quilting and patchwork which has taken her world by storm! Sue loves the way in which being creative together can bring us closer to God.



Arrive 4pm Monday, leave after breakfast on the following Monday.

Cost £440

Llangasty Retreat House, Llangasty, Brecon, Powys, LD3 7PX

Tel: 01874 658250

www.llangasty.com

email: enquiries@llangasty.com

Charity Number 1060743



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